

**STATION INFORMATION**
**PROGRAMMING**
**BRITISH COLUMBIA**

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Cranbrook	VOAR - FM	Valley Christian Radio	106.5	✓	Su-Th 11:30 pm MT M-F 6:00 am MT M-F 5:30 pm MT	Su 4:30 am MT	Su 5:00 am MT	M-Su 15 per wk.	
Creston * no Daylight Savings Time	VOAR - FM	Valley Christian Radio	92.9	✓	Su-Th 11:30 pm MT M-F 6:00 am MT M-F 5:30 pm MT	Su 4:30 am MT	Su 5:00 am MT	M-Su 15 per wk.	
Fort St. John * no DST	CIAM - FM	See - I AM	92.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F Various	M-Sa 3 per day
Golden	VOAR - FM	Valley Christian Radio	99.9	✓	Su-Th 11:30 pm MT M-F 6:00 am MT M-F 5:30 pm MT	Su 4:30 am MT	Su 5:00 am MT	M-Su 15 per wk.	
Hope	VOAR - FM	Valley Christian Radio	94.1	✓	Su-Th 10:30 pm PT M-F 5:00 am PT M-F 4:30 pm PT	Su 3:30 am PT	Su 4:00 am PT	M-Su 15 per wk.	
Keremeos	CIGV - FM	Giant FM	98.9	✓	M-F 8:30 pm PT		Su 7:30 pm PT	M-F 7:15 pm PT	
Nakusp	VOAR - FM	Valley Christian Radio	92.9	✓	Su-Th 10:30 pm PT M-F 5:00 am PT M-F 4:30 pm PT	Su 3:30 am PT	Su 4:00 am PT	M-Su 15 per wk.	
Penticton	CIGV - FM	Giant FM	100.7	✓	M-F 8:30 pm PT		Su 7:30 pm PT	M-F 7:15 pm PT	
Princeton	CIGV - FM	Giant FM	98.1	✓	M-F 8:30 pm PT		Su 7:30 pm PT	M-F 7:15 pm PT	
Quesnel	VOAR - FM	Valley Christian Radio	92.3	✓	Su-Th 10:30 pm PT M-F 5:00 am PT M-F 4:30 pm PT	Su 3:30 am PT	Su 4:00 am PT	M-Su 15 per wk.	
Vanderhoof	CIAM - FM	See - I AM	98.5	✓	M-F 5:00 pm PT	Sa 5:00 pm PT	F 3:00 pm PT Sa 7:00 am PT	M-F Various	M-Sa 3 per day
Williams Lake	VOAR - FM	Valley Christian Radio	95.1	✓	Su-Th 10:30 pm PT M-F 5:00 am PT M-F 4:30 pm PT	Su 3:30 am PT	Su 4:00 am PT	M-Su 15 per wk.	

**U.S. Border Stations**

Vancouver, BC	KARI - AM	Word Radio 55	550	✓	M-F 4:30 am PT M-F 1:30 pm PT M-F 9:30 pm PT	Su 3:00 am PT	Su 7:00 pm PT	M-F 7:27 am PT	M-F 7:55 pm PT Sa 5:30 pm PT
	KWPZ - FM	Praise 1065	106.5	✓	M-F 4:30 am PT M-F 10:00 pm PT			M-F 6:20 am PT	
	KCIS - AM	Inspiration Station	630		M-F 10:00 am PT	Sa 6:00 am PT	Sa 7:30 pm PT	M-F 7:35 am PT	
	KGNW - AM	Sound Christian Talk	820		M-F 2:00 am PT M-F 6:30 am PT M-F 3:00 pm PT	Sa 1:30 am PT Su 4:00 am PT	Sa 5:30 am PT Su 7:30 pm PT		
Southeastern BC	KMBI - AM	Radio for the Heart	1330	✓	M-F 6:00 am PT		Sa 6:00 am PT		
	KMBI - FM	Radio for the Heart	107.9	✓	M-F 1:25 pm PT			Sa 6:50 am PT	
	KALS - FM	The Light FM	97.1	✓	M-F 8:00 am PT		Sa 6:00 am PT	Su 7:40 am PT	

# ALBERTA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Airdrie	CFIT - FM	The Range	106.1	✓	M-F 10:00 pm MT	Su 6:30 am MT			M-F 5:55 am MT M-F 6:50 pm MT
Calgary	CHRB - AM	AM 1140	1140	✓	M-F 10:30 am MT M-F 6:00 pm MT Tu-Sa 1:00 am MT	Sa 6:00 pm MT	Su 7:30 pm MT	M-F 8:25 am MT	
	CJSI - FM	88.9 Shine FM	88.9	✓			Sa 8:00 am MT		M-F 7:50 pm MT
Caribou Mountain	CIAM - FM	See, I AM	104.3	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
	CIAM - FM	See, I AM	96.9	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Cleardale	CIAM - FM	See, I AM	91.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Cochrane	CFIT - FM	The Range	95.3	✓	M-F 10:00 pm MT	Su 6:30 am MT			M-F 5:55 am MT M-F 6:50 pm MT M-F 6:30 pm MT
Edmonton	CJCA - AM	AM930 The Light	930	✓	M-F 9:30 am MT M-F 7:00 pm MT		Su 8:00 am MT	M-F 2:50 pm MT	
	CJRY - FM	105.9 Shine FM	105.9	✓				M-F 6:50 am MT M-F 1:50 pm MT	M-F 7:35 pm MT
Fort Chipewyan	CIAM - FM	See, I AM	95.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Fort McMurray	CKOS - FM	KAOS 911	91.1	✓					M-F 1:40 am MT M-F 7:40 am MT M-F 7:40 pm MT
Fort Vermilion	CIAM - FM	See, I AM	92.7	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Grande Prairie	CJGY - FM	96.3 Shine FM	96.3	✓	M-F 9:00 pm MT			M-F 8:40 am MT M-F 2:50 pm MT	M-F 8:25 pm MT
High Level	CIAM - FM	See, I AM	94.1	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Hines Creek	CIAM - FM	See, I AM	94.7	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
La Crete	CIAM - FM	See, I AM	95.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Lethbridge	CKVN - FM	Today's Christian Music	98.1	✓	M-F 8:30 pm MT		Su 7:30 pm MT	M-F 6:25 am MT	
Manning	CIAM - FM	See, I AM	95.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
	CIAM - FM	See, I AM	95.9	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Meander River	CIAM - FM	See, I AM	95.9	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Medicine Hat	CJLT - FM	Power 93	93.7	✓	M-F 6:30 pm MT	Su 6:30 pm	Su 7:00 pm MT	M-F 2 per day	M-F 12:00 pm MT
Peace River	CIAM - FM	See, I AM	101.7	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Peerless Lake	CIAM - FM	See, I AM	96.9	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Red Earth Creek	CIAM - FM	See, I AM	102.9	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Slave Lake	CIAM - FM	See, I AM	107.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day
Three Hills	PBC - FM	PBC Radio	88.5		M-F 10:00 am MT M-F 11:30 pm MT	Su 11:30 am MT Su 11:30 pm MT			
Wabasca	CIAM - FM	See, I AM	95.5	✓	M-F 6:00 pm MT	Sa 6:00 pm MT	F 4:00 pm MT Sa 8:00 am MT	M-F 1 per day	M-Sa 3 per day

## U.S. Border Stations

Southern Alberta	KMBI - AM	Radio for the Heart	1330	✓	M-F 7:00 am MT		Sa 7:00 am MT		
	KMBI - FM	Radio for the Heart	107.9	✓	M-F 1:25 pm MT			Sa 7:50 am MT	
	KALS - FM	The Light FM	97.1	✓	M-F 9:00 am MT		Sa 7:00 am MT	Su 8:40 am MT	
	KXEI - FM	Your Network of Praise	95.1	✓	M-F 9:00 am MT		Sa 7:00 am MT	M-F 7:11 am MT M-F 9:23 pm MT	

## SASKATCHEWAN

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Estevan	CJSL - AM	Cj 1280 Radio	1280			Su 10:30 am CT	Su 6:00 pm CT		
Kindersley	CFYM - AM	1210 CFYM	1210				Su 9:30 am CT		
Nipawin	CIOT - FM	Lighthouse FM	104.1				Sa 8:00 am CT		
Prince Albert	CIAM - FM	See - 1 AM	100.1	✓	M-F 7:00 pm CT	Sa 7:00 pm CT	F 5:00 pm CT Sa 9:00 am CT	M-F 1 per day	M-Sa 3 per day
Rosetown	CJYM - AM	1330 CJYM	1330				Su 9:30 am CT		
Shaunavon	CJSN - AM	1490 CJSN	1490		M-F 8:30 pm CT	Su 10:00 pm CT	Su 4:30 pm CT		
Swift Current	CKSW - AM	570 CKSW	570		M-F 8:30 pm CT	Su 10:00 pm CT	Su 4:30 pm CT		
Weyburn	CFSL - AM	AM 1190	1190			Su 10:30 am CT	Su 12:30 pm CT		
Yorkton	CJJC - FM	100.5 the ROCK	100.5	✓	M-F 6:30 pm CT		Sa 8:30 am CT	M-F 1 per day	

### U.S. Border Stations

Southern Saskatchewan	KXEI - FM	Your Network of Praise	95.1	✓	M-F 10:00 am CT		Sa 8:00 am CT	M-F 8:11 am CT M-F 10:23 pm CT	
	KGLE - AM	Gospel Radio	590	✓	M-F 4:30 am CT M-F 10:00 am CT		Sa 9:00 am CT		
	KHRT - AM	Inspiration for the Heart	1320	✓	M-F 9:00 am CT				
					M-F 6:30 pm CT				

## MANITOBA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Altona	CFAM - AM	AM Altona	950	✓	M-F 6:00 pm CT		Su 4:30 pm CT	M-F 3:58 pm CT	
Boissevain	CJRB - AM		1220		M-F 6:00 pm CT		Su 4:30 pm CT	M-F 3:58 pm CT	
Portage La Prairie	CFRY - AM	920 AM	920		M-F 8:30 pm CT		Su 8:30 am CT		
Steinbach	CHSM - AM	AM 1250	1250		M-F 6:00 pm CT		Su 4:30 pm CT	M-F 3:58 pm CT	
Winkler / Morden	CKMW - AM	Counry 1570	1570				Su 8:30 am CT		
Winnipeg	CHVN - FM	CHVN 95.1 FM	95.1	✓	M-F 5:00 am CT		Sa 8:00 am CT		M-F 8:50 am CT Sa-Su 7:50 am CT
	CKJS - AM	CKJS 810 AM	810	✓	M-F 12:00 pm CT	Su 9:30 am CT	Su 7:30 am CT	M-F 11:15 am CT	M-F 9 - 12 noon

### U.S. Border Stations

Southern Manitoba	KHRT - AM	Inspiration for the Heart	1320	✓	M-F 9:00 am CT				
					M-F 6:30 pm CT				
	KFNW - AM	Northwestern College Radio	1200	✓	M-F 4:00 am CT	Su 4:00 pm CT			
					M-F 8:30 am CT M-F 9:00 pm CT				
KBHW - FM	Psalm 99:5	99.5	✓	M-F 6:30 pm CT		Sa 8:00 am CT			

## ONTARIO

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Bancroft	CKJJ - FM	UCB Canada	103.5	✓	M-F 2:00 am ET M-F 10:00 am ET M-F 9:30 pm ET	Su 11:00 am ET	Sa 7:00 am ET Su 7:00 pm ET	M-F 6:20 am ET M-F 2:40 pm ET Sa 10:20 am ET Su 4:10 pm ET	
Barrie	CJLF - FM	Life 100.3	100.3	✓	M-F 12:05 pm ET			Sa 4:50 pm ET	
Belleville	CKJJ - FM	UCB Canada	102.3	✓	M-F 2:00 am ET M-F 10:00 am ET M-F 9:30 pm ET	Su 11:00 am ET	Sa 7:00 am ET Su 7:00 pm ET	M-F 6:20 am ET M-F 2:40 pm ET Sa 10:20 am ET Su 4:10 pm ET	
Brantford	CFWC - FM	Power 93	93.9	✓	M-F 9:30 am ET	Su 7:30 am ET	Sa 7:00 pm ET	M-F 8:30 am ET	M-F 8:45 am ET
Caledonia	CKJN - FM	MOOSE FM	92.9	✓				M-F 6:44 pm ET	M-F 8:30 pm ET
Brockville	CKJJ - FM	UCB Canada	99.9	✓	M-F 2:00 am ET M-F 10:00 am ET M-F 9:30 pm ET	Su 11:00 am ET	Sa 7:00 am ET Su 7:00 pm ET	M-F 6:20 am ET M-F 2:40 pm ET Sa 10:20 am ET Su 4:10 pm ET	
Chatham-Kent	CKGW - FM	UCB Canada	89.3	✓	M-F 2:00 am ET M-F 10:00 am ET M-F 9:30 pm ET	Su 11:00 am ET	Sa 7:00 am ET Su 7:00 pm ET	M-F 6:20 am ET M-F 2:40 pm ET Sa 10:20 am ET Su 4:10 pm ET	
Cornwall	CHRI - FM	Ottawa's Family Radio Network	88.1	✓	M-F 1:00 am ET M-F 1:00 pm ET	Su 9:30 am ET	Sa 9:00 am ET	M-F 1 per day	M-F 10:00 am ET
Dryden	CJIV - FM	CJIV 97.3 FM	97.3	✓			Sa 11:00 am ET		
Hamilton	CHML - AM	AM 900	900	✓		Su 8:30 am ET		M-F 1 per day	
Huntsville	CJLF - FM	Life 100.3	98.9	✓	M-F 12:05 pm ET			Sa 4:50 pm ET	
Kingston	CKJJ - FM	UCB Canada	100.5	✓	M-F 2:00 am ET M-F 10:00 am ET M-F 9:30 pm ET	Su 11:00 am ET	Sa 7:00 am ET Su 7:00 pm ET	M-F 6:20 am ET M-F 2:40 pm ET Sa 10:20 am ET Su 4:10 pm ET	
Kitchener	CJTW - FM	94.3 Faith FM	94.3	✓	M-F 9:30 am ET	Su 8:00 am ET	Sa 8:00 am ET	M-Su 1 per day	Tu,Th 6:25 pm ET Sa 4:55 pm ET
London	CFPL - AM	AM 980	980	✓		Su 7:30 am ET Su 6:00 pm ET		M-F 1 per day	
Ottawa	CHJX - FM	Inspire FM 105.9	105.9	✓	M-F 7:30 am ET		Sa 7:30 am ET	M-F 12:25 pm ET	
	CHRI - FM	Ottawa's Family Radio Network	99.1	✓	M-F 1:00 am ET M-F 1:00 pm ET	Su 9:30 am ET	Sa 9:00 am ET	M-F 1 per day	M-F 10:00 am ET
Owen Sound	CJLF - FM	Life 100.3	90.1	✓	M-F 12:05 pm ET			Sa 4:50 pm ET	
Pembroke	CHRI - FM	Ottawa's Family Radio Network	100.7	✓	M-F 1:00 am ET M-F 1:00 pm ET	Su 9:30 am ET	Sa 9:00 am ET	M-F 1 per day	M-F 10:00 am ET
Peterborough	CJLF - FM	Life 100.3	89.3	✓	M-F 12:05 pm ET			Sa 4:50 pm ET	
Toronto	CJMR - AM	Voice of the City	1320	✓		Sa 8:00 am ET	~ Vision Para Vivir (Spanish Programming)		
	CJYE - AM	Joy 1250	1250	✓	M-F 11:00 am ET M-F 7:30 pm ET		Sa 7:30 am ET	M-F 7:20 am ET M-F 4:59 pm ET	
Woodstock	CJFH - FM	HOPE FM	94.3	✓	M-F 9:30 am ET		Sa 9:30 am ET		

### U.S. Border Stations

Western Ontario	KBHW - FM	Psalm 99.5	99.5	✓	M-F 7:30 pm ET		Sa 9:00 am ET		
Mid & South Ontario	WPHN - FM	Northern Christian Radio	90.5	✓	M-F 10:00 pm ET		Su 7:00 pm ET		
Southern Ontario	WRDT - AM	The WORD	560	✓	M-F 4:00 am ET M-F 8:00 am ET M-F 10:00 am ET M-F 9:00 pm ET	Sa 2:30 am ET Sa 8:30 am ET Sa 8:30 pm ET Su 1:30 am ET Su 9:30 am ET Su 2:30 pm ET Su 5:30 pm ET	Sa 3:30 pm ET Su 3:00 pm ET		
	WUFL - AM	Family Life Radio	1030		M-F 3:00 pm ET	Sa 3:00 pm ET			
	WNFR - FM	Wonderful News Radio	90.7	✓	M-F 10:00 am ET M-F 10:30 pm ET		Sa 9:00 am ET		
	WCRF - FM	103 FM Moody Radio	103.3	✓	M-F 8:00 am ET		Sa 5:00 am ET		
	WCTL - FM	Life 106.3	106.3	✓	M-F 9:30 pm ET				
	WDCX - FM	Life Changing Radio	99.5	✓	M-F 8:00 am ET M-F 6:00 pm ET		Sa 12:00 pm ET	M-F 1:32 pm ET	
	WMHR - FM	Mars Hill Network	102.9	✓	M-F 10:00 am ET M-F 9:30 pm ET		Sa 8:30 am ET		
Eastern Ontario	WMHI - FM	Mars Hill Network	94.7	✓	M-F 10:00 am ET M-F 9:30 pm ET		Sa 8:30 am ET		
	WCHP - AM	Radio With Altitude	760		M-F 8:30 am ET	Su 12:00 pm ET	Sa 7:00 am ET		

## QUEBEC

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Québec City	CFOI - FM		104.1			Su 9:00 am ET Su 4:00 pm ET Su 8:00 am ET			M-F 8:30 am ET M-F 5:00 pm ET
							~ Vision Para Vivir (Spanish Programming)		

### U.S. Border Stations

Southern Quebec	WCHP - AM	Radio With Altitude	760		M-F 8:30 am ET M-F 6:30 pm ET	Su 12:00 pm ET	Sa 7:00 am ET		
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## ATLANTIC CANADA

CITY	STATION	IDENTIFIER	DIAL	STREAM	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Amherst, NS	CITA - FM	Christ is the Answer	99.1	✓	M-F 9:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Annapolis Valley, NS	CJLU - FM	Ride the Waves	88.3	✓	M-F 10:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Aylesford, NS	CVCR - FM	Valley Christian	101.1	✓	M-F 12:30 pm AT M-F 5:30 pm AT	Sa 3:30 pm AT Su 3:00 pm AT	Sa 11:00 am AT		M-F 10:00 am AT
Bay Roberts, NL	VOAR - FM	Valley Christian Radio	95.9	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Bedford, NS	CHSB - FM	Hilltop FM	99.3	✓	M-F 9:00 am AT	Sa 8:00 am AT Su 9:00 am AT	Sa 9:00 am AT	M-Su 1:59 am AT M-F 8:59 am AT	M-F 1:54 pm AT M-F 9:55 pm AT
Blackville, NB	CJFY - FM	Life Radio	107.7	✓				M-F 10:50 am AT M-F 3:50 pm AT	M-F 1 per day
Botwood, NL	VOAR - FM	Valley Christian Radio	101.1	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Charlottetown, PE	CIOG - FM	Christ Is Our God	91.3	✓	M-F 11:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Corner Brook, NL	VOAR - FM	Valley Christian Radio	105.7	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Deer Lake, NL	VOAR - FM	Valley Christian Radio	102.1	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Fredericton, NB	CIXN - FM	Positive Hits 96.5	96.5	✓	M-F 10:30 am AT M-F 6:30 pm AT	Su 9:30 am AT	Sa 8:30 am AT	M-F 9:20 am AT M-F 3:40 pm AT	M-F 8:20 pm AT
Gander, NL	VOAR - FM	Valley Christian Radio	89.7	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Grand Falls - Windsor, NL	VOAR - FM	Valley Christian Radio	98.3	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Halifax, NS	CJLU - FM	Ride the Waves	93.9	✓	M-F 10:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Happy Valley - Goose Bay, NL	VOAR - FM	Valley Christian Radio	101.9	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Lewisporte, NL	VOAR - FM	Valley Christian Radio	91.7	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Marystown, NL	VOAR - FM	Valley Christian Radio	99.5	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Miramichi, NB	CJFY - FM	Life Radio	101.1	✓				M-F 10:50 am AT M-F 3:50 pm AT	M-F 1 per day
Moncton, NB	CITA - FM	Christ is the Answer	105.1	✓	M-F 9:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Port Aux Basques, NL	VOAR - FM	Valley Christian Radio	99.9	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Saint John, NB	CINB - FM	Radio NewSong	96.1	✓	M-F 9:30 am AT	Su 10:30 am AT	Sa 8:30 am AT		M-F 3:30 pm AT
St. John's, NL	VOAR - AM	Valley Christian Radio	1210	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Springdale, NL	VOAR - FM	Valley Christian Radio	103.3	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	
Summerside, PE	CIOG - FM	Christ Is Our God	91.1	✓	M-F 11:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Sussex, NB	CITA - FM	Christ is the Answer	107.3	✓	M-F 9:00 am AT	Su 8:30 am AT	Sa 7:30 am AT Su 8:00 pm AT	M-F 3 per day	M-F 3:00 pm AT
Truro, NS	CINU - FM	Hope FM	106.3	✓	M-F 12:00 pm AT	Su 11:00 am AT	Sa 9:30 am AT	M-F 8:10 am AT	
Wabush - Labrador City, NL	VOAR - FM	Valley Christian Radio	102.5	✓	M-F 3:00 am NT M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-Su 15 per wk.	

### U.S. Border Stations

New Brunswick	WFST - AM	Family Radio	600	✓	M-F 12:30 pm AT	Su 5:00 pm AT	Sa 10:00 am AT	M-F 7:30 am AT	
Nova Scotia	WHCF - FM	Maine's Harbor of Hope	88.5	✓	M-F 10:30 am AT				
	WEZE - AM	The Word	590	✓	M-F 3:30 am AT M-F 8:00 am AT	Su 2:30 am AT			

## SATELLITE

PROVIDER	STATION	IDENTIFIER	CHANNEL	TIME ZONE	DAILY	WEEKEND	PAWS & TALES	ONE-MINUTE MESSAGE	LIFETRAC
Bell ExpressVu	VOAR	Valley Christian Radio	950	NEWFOUNDLAND	M-F 9:30 am NT M-F 9:00 pm NT	Su 8:00 am NT	Su 8:30 am NT	M-F 15 per wk.	